



July 5, 2020

Matthew 11:16-19, 25-30

Use this resource at home to guide your household's daily devotions.



Pray: Light a candle. Open your devotion with prayer.

Gracious God, you invite us to come and play in your kingdom where all have a role and a purpose. Help us give up what we need to in order to be faithful members of the body of Christ, in whose name we pray. Amen.



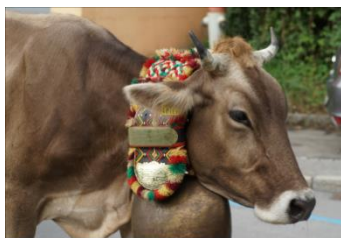
Read: Read the key verse from Sunday's reading.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." (Matthew 11:28)



Reflect: Reflect on the scripture summary.

Jesus compares hearers to a game of life that thrives when all players agree on the rules. When one side or the other refuses to engage, the game falls apart. Jesus invites us all into his game of mutual understanding where the "yoke is easy and [the] burden is light."



Fifth Sunday
after Pentecost



Connect: Connect in conversation with others in your household or community.

What was a high point of your day? What was a low point?

What burdens are you shouldering today? What might happen if you gave those to Jesus and let your shoulders rest?

For the littles: Where is your favorite place to rest? How does it feel to rest?



Bless: Close your devotion with a blessing.

May God lighten your burdens. Amen.



Do: By acting on what we learn, we make God's word come alive. Do the following activity this week.

Give your brain and body a rest. Take 3-5 minutes every day this week to meditate. Use an app like *Calm* or *Simple Habits*, or simply breathe.



Go Deeper: Go to bit.ly/daily-devotions-rcl for the daily readings!

Monday, Song of Sol. 2:8-13; Genesis 27:30-46; Romans 1:18-25

Tuesday, Song of Solomon 2:8-13; Genesis 29:1-14; Romans 3:1-8

Wednesday, Song of Solomon 2:8-13; Genesis 29:31-35; John 13:1-17

Thursday, Psalm 119:105-112; Exodus 3:1-6; Romans 2:12-16

Friday, Psalm 119:105-112; Deuteronomy 32:1-10; Romans 15:14-21

Saturday, Psalm 119:105-112; Isaiah 2:1-4; John 12:44-50