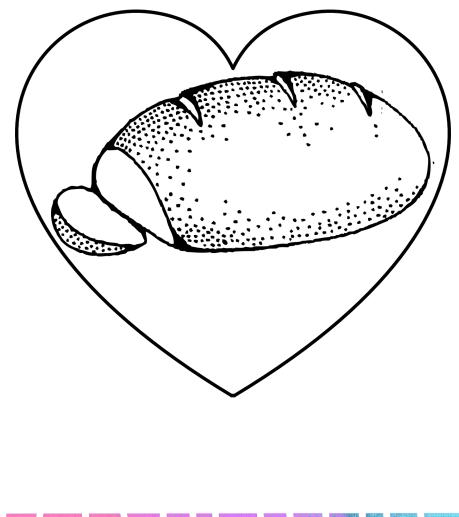
Draw & Color

Color in the picture below to remind you that Jesus said he was like bread that fills up your heart.





The Bread of Life

After Jesus fed 5,000 people, they followed him across the sea.

John 6:24-35

"We want more bread," said a woman.

Jesus said, "This time I will give you a different kind of bread." "What kind of bread?" a man asked.

"The bread I gave you before just fills up your stomach. This new bread will fill up your heart."

The woman frowned. "I don't get it."

"God wants you to love God and take care of other people," Jesus said. "That's hard work and you'll need a full heart to do it. Once you eat this bread, your heart will never be hungry again."

"Wow," said the man. "Where do we get this bread?"

"I am the bread of life," Jesus said. "Follow me and I will fill your heart with love."

REMEMBER THIS

BREAD

Bread was an important food in Jesus' time. Jesus used the idea of bread to explain who he was.

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Can you find 10 differences between the two pictures of the woman who has just bought bread (and other groceries?)



Did You Know?

Bread, as we know it, has existed for thousands and thousands of years. Over the years, many different types of bread have been baked.

TRY IT AT HOME!

AV.VA

Ask a grown-up to help you bake bread. See if your church needs people to bake bread for communion and sign up!

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