



**June 23, 2024, Fifth Sunday after Pentecost**

**Mark 4:35-41**

*Use this resource at home to guide your household's daily devotions.*



**Pray:** Light a candle and open your devotion time with a prayer.

Loving God, so often we find ourselves tossed on the seas of stress and anxiety, overwhelmed by the circumstances of our lives over which we have no control. Comfort us in our distress, and calm the storms of our hearts, that we might find peace and serenity as we live our lives to you. Through Jesus' Christ our savior. Amen.



**Read:** Read the key verse from Sunday's reading.

*He said to them, "Why are you afraid? Have you still no faith?" (Mark 4:40)*



**Reflect:** Reflect on the scripture summary.

The disciples find themselves on a boat with Jesus only to encounter a massive storm while Jesus is sleeping. After waking Jesus, the storm is calmed and they are safe.



**Connect:** Connect in conversation with others in your household.

- What was a high point of your day? What was a low point?
- What makes you afraid? What do you do to cultivate courage?
- What expresses the depth of your faith?
- For the littles: Are you afraid of storms? Why or why not?



**Bless:** Close your devotion with a blessing.

**May God still the storms and cultivate courage within you. Amen.**



**Do:** By acting on what we learn, we make God's word come alive. Do the following activity this week.

**Go out on a boat. If you don't have access to a boat, go to a shore. If you don't have a shore, try a pool or a bathtub. Consider the power of water to create and destroy.**



**Go Deeper:** Read and reflect on the readings for each day of the week.

Monday, Psalm 119:113-128; 1 Samuel 18:6-30; Acts 27:13-38

Tuesday, Psalm 119:113-128; 1 Samuel 19:1-7; Acts 27:39-44

Wednesday, Psalm 119:113-128; 1 Samuel 19:8-17; Mark 6:45-52

Thursday, Psalm 130; 1 Samuel 19:18-24; 2 Corinthians 7:2-16

Friday, Psalm 130; 1 Samuel 20:1-25; 2 Corinthians 8:1-7

Saturday, Psalm 130; 1 Samuel 20:27-42; Luke 4:31-37